

Ergebnisliste  
12. Iserlohner Schüler Triathlon 13.05.2012

Platz	Startnr.	Nachname	Vorname	AK	Verein	Gesamt	Platz AK
1	442	<b>Heldt</b>	<b>Janosch</b>	<b>M14</b>	<b>Triathlon TEAM TG Witten</b>	<b>0:08:59</b>	<b>1</b>
2	447	Knorr	Jonas	M14	Tri-Geckos Dortmund	0:09:37	2
3	454	Schlonsok	Fredrik	M15	Tri-Geckos Dortmund	0:09:48	1
4	416	<b>Krüger</b>	<b>Katharina</b>	<b>W13</b>	<b>SG Eintracht Ergste Tripple Hippo</b>	<b>0:09:49</b>	<b>1</b>
5	420	Wilming	Lisa	W14	Triathlon TEAM TG Witten	0:09:56	1
6	408	Heldt	Thalia	W12	Triathlon TEAM TG Witten	0:10:20	1
7	457	Spinczyk	Niklas	M13	TuS Westfalia Hombruch TriKids	0:10:21	1
8	419	Wieczorek	Pauline	W13	TuS Westfalia Hombruch TriKids	0:10:30	2
9	459	Utke	Eike	M14	Triathlon TEAM TG Witten	0:10:39	3
10	456	Skopek	Darwin	M13	Tri-Geckos Dortmund	0:10:43	2
11	460	Weyhe	Felix	M12	TuS Westfalia Hombruch TriKids	0:10:58	1
12	453	Schlink	Philo	M11	TuS Westfalia Hombruch TriKids	0:10:59	1
13	436	Cremer	Josef	M13	Tri-Geckos Dortmund	0:11:07	3
14	412	Höffner	Hanna	W12	TuS Westfalia Hombruch TriKids	0:11:11	2
15	409	Herbst	Franka	W11	TuS Westfalia Hombruch TriKids	0:11:14	1
16	438	Fulfs	Leo	M15	Tri-Geckos Dortmund	0:11:16	2
17	451	Rüther	Florian	M11	TuS Westfalia Hombruch TriKids	0:11:18	2
18	417	Schlink	Insa	W10	TuS Westfalia Hombruch TriKids	0:11:25	1
19	446	Jansen	Hendrik	M15	ITT	0:11:29	3
20	458	Spinczyk	Simon	M10	TuS Westfalia Hombruch TriKids	0:11:31	1
21	402	Arndt	Anna	W13	Tri-Geckos Dortmund	0:11:32	3
22	435	Brand	Nicolaus	M9	TuS Westfalia Hombruch TriKids	0:11:32	1
23	432	Barbezat	Merlin	M14	I 95	0:11:33	4
24	463	Eikermann	Nils	M13	I 95	0:11:33	4
25	448	Kounatidis	Mattheos	M11		0:11:40	3
26	439	Hampel	Jan	M11	TuS Westfalia Hombruch TriKids	0:11:41	4
27	411	Hinz	Fiona	W11	TuS Westfalia Hombruch TriKids	0:11:45	2
28	441	Hehrig	Noel	M13	Tri-Geckos Dortmund	0:11:47	5
29	443	Hoenen	Leon	M12	TuS Westfalia Hombruch TriKids	0:11:48	2
30	461	Weyhe	Paul	M9	TuS Westfalia Hombruch TriKids	0:11:51	2
31	405	Droese	Ronja	W13	TuS Westfalia Hombruch TriKids	0:12:02	4
32	449	Krüll	David	M11	Fischelner Turnverein 1905 e.V.	0:12:12	5
33	401	Adomeit	Lilli	W10	TuS Westfalia Hombruch TriKids	0:12:32	2
34	431	Adams	Justin	M12	Tri-Geckos Dortmund	0:12:32	3
35	413	Höffner	Paula	W11	TuS Westfalia Hombruch TriKids	0:12:33	3
36	437	Droese	Felix	M11	TuS Westfalia Hombruch TriKids	0:12:37	6
37	410	Hinz	Helena	W11	TuS Westfalia Hombruch TriKids	0:12:45	4
38	404	Cremer	Catharina	W12	Tri-Geckos Dortmund	0:12:50	3
39	434	Bläser	Tobias	M9	TuS Westfalia Hombruch TriKids	0:12:53	3
40	445	Iwanowski	Nils	M12	I 95	0:12:56	4
41	414	Jansen	Julia	W15	ITT	0:12:58	1
42	406	Englisch	Helena	W10	TuS Westfalia Hombruch TriKids	0:13:01	3
43	450	Kühnhold	Tim	M9	TuS Westfalia Hombruch TriKids	0:13:21	4
44	462	Wieczorek	Justus	M9	TuS Westfalia Hombruch TriKids	0:13:30	5
45	433	Becker	Marvin	M12	Iserlohner Tri Team	0:13:41	5
46	418	Sticher	Jil Annika	W12	Tri Club Wuppertal	0:13:43	4
47	455	Senftleben	Ole	M13	Tri-Geckos Dortmund	0:13:48	6
48	403	Bonnenberg	Franziska	W10	TuS Westfalia Hombruch TriKids	0:13:49	4
49	422	Hartmann	Lina	W13	I 95	0:14:06	5
50	423	Hartmann	Maja	W10	I 95	0:14:39	5
51	421	Wittmann	Isabelle	W11	Triathlon Team Ratingen 08	0:15:11	5
52	407	Grote	Karoline	W10	I 95	0:16:26	6

21. IKZ Jedermann Triathlon  
Volkstriathlon - Staffeln ( 500 m / 22 km / 5 km )  
Frauen / Männer

Platz Gesamt	Start -Nr.	Verein	Schwimmen	Rad	Lauf	Endzeit
1.	1	Evangelische Jugendhilfe	00:08:09	00:50:19	00:18:41	01:17:09
2.	2	Schwesterwohnheim	00:09:59	00:53:49	00:22:26	01:26:14
3.	3	2+1	00:13:55	01:03:28	00:22:52	01:40:15
.	4	I 95	00:08:35	00:47:34	00:33:56	Disqualifizi

21. IKZ Jedermann Triathlon  
 Volkstriathlon Damen ( 500 m / 22 km / 5 km )  
 Frauen / Männer

Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKI-Platz	Schwimmen	Rad	Lauf	Endzeit
1.	34	Ley	Pia	Triabolos	84	25	1.	00:08:34	00:45:38	00:19:26	01:13:38
2.	27	Oppermann	Andrea	Tri Club Wuppertal	76	35	1.	00:10:02	00:50:35	00:21:52	01:22:29
3.	13	Schmitz	Andrea	DMSG	67	45	1.	00:09:33	00:53:25	00:19:52	01:22:50
4.	17	Gutsche-Krüger	Steffi	SG Eintracht Ergste Tripple Hi	70	40	1.	00:08:39	00:52:42	00:21:38	01:22:59
5.	5	Frederking	Annette	Tri-Geckos Dortmund	60	50	1.	00:09:44	00:50:49	00:22:39	01:23:12
6.	33	Hallman	Anni	Tri-Geckos e.V. Dortmund	83	25	2.	00:10:26	00:52:53	00:21:35	01:24:54
7.	38	Graudenz	Corinna	Triathlon TEAM TG Witten	88	20	1.	00:09:37	00:50:13	00:25:26	01:25:16
8.	16	Hiddemann-Holthoff	Claudia	TuS Westfalia Hombruch TriKids	68	40	2.	00:10:32	00:51:31	00:24:16	01:26:19
9.	10	Mutterlose	Claudia	SSF Bonn	65	45	2.	00:09:25	00:55:05	00:21:59	01:26:29
10.	11	Chill	Jan	Herner Triathlon Team 11	66	45	3.	00:12:05	00:52:49	00:21:57	01:26:51
11.	25	Heimeshoff	Ute		76	35	2.	00:11:11	00:54:55	00:22:43	01:28:49
12.	40	Sarowski	Julia	SV Hemer 1921	91	20	2.	00:08:53	00:57:21	00:25:45	01:31:59
13.	42	Albuscheit	Kristin	TuS Westfalia Hombruch TriKids	94	Junioren	1.	00:10:23	00:55:51	00:26:10	01:32:24
14.	14	Thümmler	Claudia		67	45	4.	00:10:04	00:57:03	00:25:25	01:32:32
15.	22	Neumann	Ute	TTW Witten	73	35	3.	00:10:07	00:58:17	00:24:26	01:32:50
16.	32	Arndt	Tine	dielaufgruppe	79	30	1.	00:11:52	00:59:41	00:21:24	01:32:57
17.	24	Gendreizig	Jennifer	Tri-Team Hagen	74	35	4.	00:10:48	00:57:54	00:25:28	01:34:10
17.	20	Gutt	Claudia	Tri Team Hagen	73	35	4.	00:10:17	00:58:22	00:25:31	01:34:10
19.	19	Mummel	Carina	Tri-Team Hagen	72	40	3.	00:11:17	01:00:32	00:24:06	01:35:55
20.	43	Grap	Stella	TuS Westfalia Hombruch TriKids	96	Jugend A	1.	00:10:45	00:58:17	00:27:55	01:36:57
21.	36	Pithan	Isabella	SC Bayer05 Uerdingen	85	25	3.	00:10:09	00:59:07	00:27:57	01:37:13
22.	30	Lendrat	Anja	Tri Club Wuppertal	78	30	2.	00:11:08	01:02:43	00:27:38	01:41:29
23.	31	Räther	Frauke	WSV Mülheim	78	30	3.	00:10:49	01:05:16	00:27:22	01:43:27

21. IKZ Jedermann Triathlon  
 Volkstriathlon Herren ( 500 m / 22 km / 5 km )  
 Frauen / Männer

Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
1.	251	Elspenpeter	Phillipp	Tri Club Wuppertal	79	30	1.	00:07:51	00:40:47	00:17:01	01:05:39
2.	231	Klütsch	Andreas	Tri Club Wuppertal	89	20	1.	00:07:38	00:41:44	00:16:39	01:06:01
3.	255	Berghammer	Marcel	Tri Geckos Dortmund	88	20	2.	00:06:23	00:42:10	00:17:41	01:06:14
4.	157	Krüger	Olaf	SG Eintracht Ergste Tripple Hi	69	40	1.	00:08:14	00:40:52	00:17:12	01:06:18
5.	256	Beltermann	Hubertus	RC Sorpesee Tri-Team	64	45	1.	00:08:23	00:40:35	00:17:35	01:06:33
6.	250	Biehsmann	Sven	Tri Speed Herscheid	79	30	2.	00:08:32	00:41:03	00:18:02	01:07:37
7.	203	Kuhlmann	Guido	RC Sorpesee Triathlon Team	79	30	3.	00:08:04	00:43:59	00:16:01	01:08:04
8.	213	Schlüter	Thorsten	Tri-Geckos Dortmund	82	30	4.	00:07:59	00:42:54	00:17:35	01:08:28
9.	163	Greis	Volker	Herner Triathlon Team	70	40	2.	00:08:55	00:42:17	00:17:19	01:08:31
10.	187	Paffrath	Arndt	Tri Club Wuppertal	74	35	1.	00:09:36	00:42:22	00:16:38	01:08:36
11.	223	Dobos	Ivo	Tri Club Wuppertal	86	25	1.	00:08:08	00:42:21	00:18:39	01:09:08
12.	237	Klute	Marcel	Gymnasium Antonianum Geseke	92	20	3.	00:07:28	00:42:17	00:19:51	01:09:36
13.	149	Lüttgen	Jörg	GFC Düren 99	68	40	3.	00:00:00	00:51:43	00:17:58	01:09:41
14.	105	Böttcher	Jens	TVG Kaiserau	68	40	4.	00:08:10	00:43:22	00:18:29	01:10:01
15.	108	Burkhardt	Tobias	TVG-Kaiserau	78	30	5.	00:09:23	00:43:19	00:17:37	01:10:19
16.	67	Laermann	Ralf	Mönchengladbacher TV	58	50	1.	00:08:22	00:45:00	00:17:11	01:10:33
17.	183	Eggert	Jan	Tri Club Wuppertal	74	35	2.	00:09:00	00:44:37	00:17:13	01:10:50
18.	218	Zellin	Jan	Tri-Geckos Dortmund	83	25	2.	00:08:49	00:45:12	00:17:01	01:11:02
19.	126	Parche	Ingo	Tri-Geckos Dortmund	64	45	2.	00:09:14	00:43:00	00:18:49	01:11:03
20.	160	Töpfer	Alexander	Tri-Geckos	77	35	3.	00:08:55	00:44:16	00:18:13	01:11:24
21.	109	Rogoll	Jan	TVG Kaiserau	79	30	6.	00:07:56	00:43:49	00:19:44	01:11:29
22.	196	Scholz	Sebastian	Soester Tri Team	76	35	4.	00:08:46	00:44:35	00:18:18	01:11:39
23.	240	Arnold	Leonard	RC Sorpesee Tri Team	94	Junioren	1.	00:08:07	00:46:54	00:17:44	01:12:45
24.	99	Fischer	Stefan	ASV Köln-Triathlon	63	45	3.	00:08:30	00:46:08	00:18:23	01:13:01
25.	176	Müller	Peter	Tri-Team-Hagen	72	40	5.	00:10:22	00:45:06	00:17:34	01:13:02

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 Volkstriathlon Herren ( 500 m / 22 km / 5 km )  
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Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
26.	241	Becker	Moritz	RC Lüdenscheid 98	94	Junioren	2.	00:07:00	00:46:22	00:19:52	01:13:14
27.	245	Wortmann	Christopher	RC Sorpensee Tri-Team	94	Junioren	3.	00:09:35	00:44:47	00:18:56	01:13:18
28.	127	Wohlmeiner	Stephan	Tri Cops Warstein	64	45	4.	00:09:27	00:45:11	00:18:56	01:13:34
29.	234	Vorsteher	Lars	Tri Club Wuppertal	90	20	4.	00:08:03	00:47:56	00:17:36	01:13:35
30.	146	Bürger	Thomas	Tri Club Wuppertal	68	40	6.	00:09:08	00:46:14	00:18:22	01:13:44
31.	165	Haake	Torsten	Soester Tri Team	70	40	7.	00:09:02	00:44:23	00:20:25	01:13:50
32.	229	Prinz	Tobias	Tri-Team-Hagen	87	25	3.	00:10:29	00:46:40	00:16:43	01:13:52
33.	194	Hölzchen	Timo	Herner Triathlon Team 11	76	35	5.	00:08:57	00:47:12	00:18:12	01:14:21
34.	236	Hönig	Carsten	Gymnasium Antonianum Geseke	92	20	5.	00:09:49	00:46:08	00:18:27	01:14:24
35.	189	Henrichs	Marco	Team Erdinger Alkoholfrei	75	35	6.	00:08:41	00:47:15	00:18:45	01:14:41
36.	113	Krippenstapel	Holger	Dortmund	63	45	5.	00:09:30	00:45:42	00:19:37	01:14:49
37.	205	Pohlmann	Rene	Tri-Team-Hagen	79	30	7.	00:07:39	00:48:03	00:19:24	01:15:06
38.	198	Gump	John	Tri Team Witten	77	35	7.	00:10:04	00:48:03	00:17:02	01:15:09
39.	135	Cramer	Matthias	RC Sorpensee Tri Team	67	45	6.	00:00:00	00:55:25	00:19:47	01:15:12
40.	211	Mendorf	Matthias	Tri-Geckos Dortmund	81	30	8.	00:09:00	00:47:30	00:18:58	01:15:28
41.	224	Grimberg	Markus	TV Wanne 1885	86	25	4.	00:09:24	00:48:22	00:17:49	01:15:35
42.	247	Müller	Arne	TuS Westfalia Hombruch TriKids	96	Jugend A	1.	00:08:17	00:46:47	00:20:57	01:16:01
43.	243	Hermann	Yanick	PV Triathlon Witten	94	Junioren	4.	00:08:11	00:48:54	00:19:18	01:16:23
44.	131	Rottschäfer	Marko	SV Bergisch Gladbach	66	45	7.	00:09:13	00:46:31	00:21:40	01:17:24
45.	202	Jörg	Thomas	TriClub Wuppertal	79	30	9.	00:10:44	00:45:23	00:21:23	01:17:30
45.	65	Werg	Rolf	Tri Club Wuppertal	56	55	1.	00:10:31	00:47:41	00:19:18	01:17:30
47.	246	Utke	Henry	Triathlon TEAM TG Witten	95	Jugend A	2.	00:07:40	00:47:32	00:22:22	01:17:34
48.	239	Schraa	Lucas	TuS Westfalia Hombruch TriKids	93	Junioren	5.	00:08:24	00:49:00	00:20:26	01:17:50
49.	76	Bittermann	Klaus-Juergen	Tri Club Wuppertal	60	50	2.	00:10:34	00:47:24	00:19:56	01:17:54
50.	85	Grimoni	Dietmar	Tri Club Wuppertal	61	50	3.	00:09:14	00:47:21	00:21:36	01:18:11

21. IKZ Jedermann Triathlon  
 Volkstriathlon Herren ( 500 m / 22 km / 5 km )  
 Frauen / Männer

Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
51.	153	Welsch	Tom	bikebuzz	68	40	8.	00:10:06	00:49:00	00:19:12	01:18:18
52.	84	Engel	Hans	TS 79 Bergisch Gladbach	61	50	4.	00:09:49	00:48:39	00:20:06	01:18:34
53.	221	Pillar	Florian	Tri Club Wuppertal	84	25	5.	00:11:29	00:50:01	00:17:42	01:19:12
54.	152	Veldhuis	Hendrik	STADT BOCHUM TEAM	68	40	9.	00:10:24	00:50:39	00:18:43	01:19:46
55.	228	Fug	Dennis	SG Welper	87	25	6.	00:09:27	00:48:13	00:22:18	01:19:58
56.	140	Otto	Stefan		67	45	8.	00:11:49	00:48:24	00:20:13	01:20:26
57.	192	Bormann	Max		76	35	8.	00:10:57	00:48:00	00:21:36	01:20:33
58.	222	Zyprian	Malte	Soester Tri Team	85	25	7.	00:09:04	00:50:16	00:21:31	01:20:51
59.	164	Grüner	Christian	TUS Nachrodt-Obstfeld	70	40	10.	00:10:40	00:51:05	00:19:11	01:20:56
60.	62	Pyzio	Adam	M.Gladbacher Tv 1848	56	55	2.	00:11:38	00:49:04	00:20:17	01:20:59
61.	244	Sticher	Timo	Tri Club Wuppertal	94	Junioren	6.	00:10:09	00:50:39	00:20:14	01:21:02
62.	212	Köllner	Nico	FS Düsseldorf	82	30	10.	00:09:10	00:51:53	00:20:25	01:21:28
63.	159	von der Crone	Frank		69	40	11.	00:12:04	00:49:09	00:20:17	01:21:30
64.	220	Leopold	Andre	Tri-Team Castrop	84	25	8.	00:09:37	00:51:48	00:20:14	01:21:39
65.	80	Mutterlose	Rolf	SSF Bonn	60	50	5.	00:09:28	00:49:27	00:22:45	01:21:40
66.	217	Petter	Stefan	Tri-Team-Castrop	83	25	9.	00:09:45	00:51:42	00:20:23	01:21:50
67.	97	Schmitz	Rolf	DMSG	62	50	6.	00:09:49	00:51:17	00:20:48	01:21:54
68.	124	Herrmann	Thomas	Tri-Club Wuppertal	64	45	9.	00:11:24	00:50:36	00:20:06	01:22:06
69.	112	Klose	Michael	BTG Burscheid	63	45	10.	00:10:22	00:51:50	00:20:00	01:22:12
70.	58	Laacks	Theo	PSV Bork	52	60	1.	00:11:41	00:48:31	00:22:02	01:22:14
71.	238	Scheid	Philipp	Münster	93	Junioren	7.	00:10:07	00:49:10	00:23:02	01:22:19
72.	230	Engel	Marian-Heinz	ASV Köln	88	20	6.	00:09:20	00:50:59	00:22:10	01:22:29
73.	133	Wagner	Thomas	SG Welper Triathlon	66	45	11.	00:09:02	00:52:38	00:21:14	01:22:54
74.	120	Westemeier	Andreas	LT Wischlingen Dortmund	63	45	12.	00:10:20	00:52:31	00:20:05	01:22:56
74.	197	Beckmann	Markus	TuS Westfalia Hombruch TriKids	77	35	9.	00:11:17	00:52:07	00:19:32	01:22:56
76.	116	Pickhard	Frank	Styrumer TV	63	45	13.	00:10:17	00:49:00	00:23:40	01:22:57

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 Frauen / Männer

Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
77.	118	Sticher	Axel	Tri Club Wuppertal	63	45	14.	00:10:32	00:51:38	00:20:48	01:22:58
78.	56	Scheel	Wolfgang	Tri Club Wuppertal	51	60	2.	00:09:07	00:52:43	00:21:23	01:23:13
79.	179	Caschili	Dean		73	35	10.	00:08:19	00:53:35	00:21:24	01:23:18
80.	166	Kiepas	Szymon	Tri Club Wuppertal	70	40	12.	00:09:45	00:51:19	00:22:19	01:23:23
81.	137	Grap	Andreas	TuS Westfalia Hombruch TriKids	67	45	15.	00:09:12	00:52:16	00:22:04	01:23:32
82.	98	Weiß	Hans-Jörg	SG Eintracht Ergste Tripple Hi	62	50	7.	00:10:21	00:52:12	00:21:03	01:23:36
83.	193	Dragoje	Dario	Triathlon-Team Hagen e.V.	76	35	11.	00:11:00	00:50:28	00:22:17	01:23:45
84.	94	Kornemann	Olaf	Tri-Team Hagen	62	50	8.	00:10:56	00:53:58	00:19:02	01:23:56
85.	71	Müller	Hermann	TuS Westfalia Hombruch TriKids	59	50	9.	00:12:14	00:50:43	00:21:28	01:24:25
86.	61	Groer	Bert	Tri Team Hagen	55	55	3.	00:08:37	00:50:00	00:26:02	01:24:39
87.	141	Scheid	Franz	Münster	67	45	16.	00:09:20	00:54:04	00:21:24	01:24:48
88.	150	Piotrowski	Thomas		68	40	13.	00:10:06	00:53:22	00:21:24	01:24:52
89.	125	Otte	Uwe	SG Eintracht Ergste Tripple Hi	64	45	17.	00:09:10	00:52:44	00:23:03	01:24:57
90.	253	Gärtner	Michael	Tri Geckos Dortmund	71	40	14.	00:09:09	00:55:51	00:20:02	01:25:02
91.	249	Müller	Malte	TuS Westfalia Hombruch TriKids	98	Jugend B	1.	00:09:25	00:51:53	00:23:49	01:25:07
92.	59	Leiedecker	Michael	Tri-Team Hagen	54	55	4.	00:10:45	00:53:33	00:21:01	01:25:19
93.	138	Höffner	Wulf	TuS Westfalia Hombruch	67	45	18.	00:10:09	00:52:19	00:22:52	01:25:20
94.	200	Kempelmann	Christian	ASV Duisburg	78	30	11.	00:10:10	00:53:02	00:22:36	01:25:48
95.	134	Wittmann	Eric	Triathlon Team Ratingen 08	66	45	19.	00:09:29	00:52:18	00:24:09	01:25:56
96.	95	Kürten	Stefan		62	50	10.	00:10:11	00:54:36	00:21:25	01:26:12
97.	96	Pilters	Markus	Tri Club Wuppertal	62	50	11.	00:09:59	00:53:52	00:22:53	01:26:44
98.	180	Friedrich	David		73	35	12.	00:09:59	00:54:32	00:22:23	01:26:54
99.	158	Krüll	Dietmar	Hobby	69	40	15.	00:09:50	00:54:29	00:22:53	01:27:12

21. IKZ Jedermann Triathlon  
 Volkstriathlon Herren ( 500 m / 22 km / 5 km )  
 Frauen / Männer

Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
100.	87	Reketat	Werner	SG Eintracht Ergste Tripple Hi	61	50	12.	00:10:52	00:52:59	00:23:34	01:27:25
101.	103	Wilke	Jörg	TVG Kaiserau	59	50	13.	00:11:13	00:52:42	00:23:31	01:27:26
102.	226	Bethlehem	Timo		87	25	10.	00:10:42	00:55:52	00:21:42	01:28:16
103.	143	Tebrün	Jürgen	Tri-Geckos Dortmund	67	45	20.	00:08:27	00:51:01	00:29:00	01:28:28
104.	235	Wilhelm	Alexander	Schwelmer SC	90	20	7.	00:08:37	00:58:23	00:21:32	01:28:32
105.	177	Pufahl	Christof		72	40	16.	00:10:34	00:56:54	00:23:14	01:30:42
106.	55	Laese	Christian	LKD Düsseldorf	51	60	3.	00:10:24	00:57:12	00:23:07	01:30:43
107.	132	Schröter	Stefan		66	45	21.	00:13:20	00:55:35	00:21:59	01:30:54
108.	101	Maaß	Jürgen	TVG Kaiserau	55	55	5.	00:10:12	00:57:20	00:23:35	01:31:07
109.	93	Körlin	Uwe	RC Lüdenscheid 98	62	50	14.	00:11:50	00:55:18	00:24:18	01:31:26
110.	69	Hermann	Frank	TuS Westfalia Hombruch TriKids	59	50	15.	00:10:30	00:57:49	00:23:09	01:31:28
111.	79	Kraft	Horst-Norbert	Tri-Team-Hagen	60	50	16.	00:11:48	00:56:51	00:22:51	01:31:30
112.	88	Wilhelm	Joachim	Schwelmer SC	61	50	17.	00:09:15	00:55:50	00:26:52	01:31:57
113.	161	Ferreira Agostinho	Joao Luis	Tri Team Hagen	70	40	17.	00:11:55	00:58:54	00:22:04	01:32:53
114.	114	Müller	Roger	Tri-Team-Hagen	63	45	22.	00:13:09	00:56:49	00:22:56	01:32:54
115.	185	Janzen	Berthold	SG Welper Triathlon	74	35	13.	00:11:56	00:58:58	00:22:01	01:32:55
116.	210	Markmann	Kai	PSV Iserlohn	81	30	12.	00:11:04	00:58:10	00:23:45	01:32:59
117.	129	Weyhe	Dirk	TuS Westfalia Hombruch TriKids	65	45	23.	00:11:01	00:55:28	00:26:41	01:33:10
118.	174	Tlatlik	Markus	TS Bergisch Gladbach 1879	71	40	18.	00:10:39	00:58:01	00:24:47	01:33:27
119.	70	Lorenzen-Becker	Jens-Uwe	Tri-Club Wuppertal	59	50	18.	00:10:54	00:57:07	00:26:37	01:34:38
120.	91	Heeckt	Jörg	Tri Club Wuppertal	62	50	19.	00:11:06	00:58:23	00:25:50	01:35:19
121.	154	Witte	Uwe		68	40	19.	00:12:14	00:57:39	00:25:29	01:35:22
122.	52	Heywinkel	Rudolf	Tauchsportgruppe Hellweg Unna	43	65	1.	00:09:55	01:01:09	00:24:55	01:35:59
123.	144	Böhle	Frank	Die mit der Weste	68	40	20.	00:14:12	00:59:21	00:22:48	01:36:21



21. IKZ Jedermann Triathlon  
 Volkstriathlon Herren ( 500 m / 22 km / 5 km )  
 Frauen / Männer

Platz Geschlecht	Start -Nr.	Name	Vorname	Verein	JG	AK	AKV-Platz	Schwimmen	Rad	Lauf	Endzeit
124.	145	Bouda	Friedrich		68	40	21.	00:13:12	00:58:01	00:25:37	01:36:50
125.	209	Piel	Benjamin		80	30	13.	00:10:22	00:59:22	00:27:08	01:36:52
126.	92	Heilmann	Michael		62	50	20.	00:10:33	01:04:57	00:23:00	01:38:30
127.	242	Heilmann	Jasper		94	Junioren	8.	00:10:50	01:06:26	00:21:36	01:38:52
128.	151	Schewell	Jürgen		68	40	22.	00:10:20	01:02:07	00:27:13	01:39:40
129.	54	Fischer	Bernard	Tri-As Hamm	51	60	4.	00:13:14	01:01:37	00:25:37	01:40:28
130.	115	Nagel	Andreas	RC--Sorpesse Tri-Team	63	45	24.	00:12:09	01:06:32	00:23:55	01:42:36
131.	100	Hoenen	Michael	TuS Westfalia Hombruch TriKids	63	45	25.	00:12:41	01:02:16	00:28:17	01:43:14
132.	72	Stöcken	Jan Hauke	Tri Club Wuppertal	59	50	21.	00:12:29	01:06:02	00:25:08	01:43:39
133.	90	Gabrisch	Günter	Die mit der Weste	62	50	22.	00:12:33	01:05:17	00:26:25	01:44:15
134.	168	Sauve	Paul		70	40	23.	00:14:29	01:04:41	00:25:14	01:44:24
135.	74	Walisko	Gerd		59	50	23.	00:10:12	01:07:03	00:27:55	01:45:10
136.	175	Heywinkel	Dirk	DLRG Dortmund-Mitte	72	40	24.	00:11:25	01:08:35	00:25:27	01:45:27
137.	121	Schulz	Detlef	TVG Kaiserau	57	55	6.	00:00:00	01:20:09	00:27:50	01:47:59
138.	136	Dißelmeyer	Robert		67	45	26.	00:15:07	01:05:11	00:30:23	01:50:41
139.	171	Birke	Philipp		71	40	25.	00:12:50	01:05:32	00:34:16	01:52:38
140.	86	Lüdtke	Jörg		61	50	24.	00:11:34	01:14:52	00:26:57	01:53:23
141.	128	Haefs	Henrik	TV Deilinghofen	65	45	27.	00:13:59	01:10:37	00:32:39	01:57:15
142.	169	Severing	Torsten	CGI	70	40	26.	00:10:47	01:17:06	00:29:59	01:57:52
143.	51	Hagemann	Ralf		39	70	1.	00:16:30	01:10:32	00:32:57	01:59:59
144.	60	Boldt	Erhard		55	55	7.	00:17:18	01:18:59	00:34:47	02:11:04